



Experts in Safety

ARCO PRODUCES NEW EXPERT GUIDE ON FIRST AID IN THE WORKPLACE

Employers have a legal requirement to ensure their employees receive immediate attention if they are injured or taken ill at work. The right form of first aid can save lives and prevent a minor injury from becoming a major one. To support businesses in their provision of first aid and first aid training, the UK's leading safety experts, [Arco](#), has created a new expert guide to help.

The First Aid at Work Regulations 1981 state that employers are duty-bound to provide adequate and appropriate equipment and facilities to enable first aid to be delivered, in the event that an employee is injured or becomes ill at work. With over 70,000 non-fatal injuries to employees in Great Britain each year, [\[1\]](#) correct and compliant workplace first aid provision and training is crucial.

[Arco's free first aid expert guide](#) offers comprehensive advice and guidance on a range of topics within the first aid field, helping employers understand their obligations and the expertise, support and range Arco can offer.

The guide includes:

- An overview of first aid regulations and standards, including British Standard vs HSE compliant first aid kits
- How businesses can select the right first aid kit, including size guidelines
- First aid training requirements
- A selection of Arco's first aid kits and training sources

To help employers with their first aid supplies, Arco has a new fully comprehensive range of first aid products, including general purpose first aid kits, such as BS8599-1:2019 Workplace First Aid Kits, and more specific ones to help comply with the latest update in regulations, such as BS8599-1:2019 Critical Injury Pack for trauma or catastrophic bleeds. To help employers comply with first aid training regulations, Arco Professional Safety Services also has a full programme of courses, aimed at organisations of all sizes. These include courses on First Aid at Work and Emergency First Aid at Work.

Niall Robinson, Product & Procurement Manager of Workplace Safety at Arco, said, “No matter how big or small your business is, accidents and injuries can occur at any time. It’s imperative that all employers ensure they have the correct size and number of first aid kits and that they check these regularly, as well as having suitably trained first aiders to treat your employees. With Arco’s new First Aid expert guide, we hope to assist as many businesses as possible with their first aid needs – hopefully saving the lives of numerous employees in the process.”

To find out more about Arco’s advice on workplace first aid, or to download Arco’s new expert guide, please visit: https://www.arco.co.uk/expert_advice_first_aid

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About Arco

Arco is the UK’s leading products and services safety company with a core purpose of keeping people safe at work. Through its dedicated in house experts, Arco helps to shape the safety world in order to ensure UK workers go home safe every night. It distributes a world-class range of over 170,000 quality assured, branded and own brand products, including personal protective equipment, workwear, safety footwear, gloves, workplace safety and hygiene products. It also provides professional services encompassing training, consultancy and site services. Headquartered in Hull, Arco reaches its customers through its extensive product catalogue, interactive website and national network of retail stores. The company has sales of over £282m and employs approximately 1600 people nationwide.

Arco is committed to providing safety equipment that is genuine and compliant with relevant standards and regulations. To do this, it has a five step product assurance process and is the only safety distributor with an independently accredited testing laboratory. Additionally, it is a member of the BSIF Registered Safety Suppliers Scheme.

Founded in 1884 and with a heritage spanning four generations, Arco demonstrates traditional family values and is dedicated to its Corporate Social Responsibility policy. Each year Arco donates more than 1% of its net profit to good causes and supports the development of various community and charitable programs, as well as national fundraising projects. Arco aims to not only provide financial support, but share skills, resources and create lasting partnerships. Arco was the first member within the H&S industry to join the Ethical Trading Initiative (ETI) incorporating their internationally recognised code of labour practice into its own ethical policy and in 2010 became a member of Sedex, the Supplier Ethical Data Exchange. To ensure ethical standards are continuously met throughout its supply chain, Arco carries out regular audits among all suppliers and, working with the ETI and other regulatory bodies, the company plays a leading role in helping to eliminate modern day slavery across the globe. For more information, visit www.arco.co.uk.

[1] Health and safety at work, summary statistics in Great Britain 2019
<https://www.hse.gov.uk/statistics/overall/hssh1819.pdf>